

**CDR Adeline Ong**  
**Medical Service Corps, U.S. Navy**  
**Naval Center for Combat and Operational Stress Control**  
**Bureau of Medicine and Surgery**



Commander Ong is currently assigned as Chief, Naval Center for Combat and Operational Stress Control (NCCOSC), Bureau of Medicine and Surgery. She leads an exceptional team to advance innovation, policy development, and program evaluation for initiatives in operational stress control, psychological toughness and resilience, operational and embedded mental health, and disaster mental health for Navy Medicine.

Commander Ong completed a dual degree program in Psychology and Public Health, receiving her PsyD and DrPH. in 2003. She successfully obtained licensure to practice Psychology in the State of California and commissioned as a Lieutenant in the U.S. Navy as a direct accession in 2004.

From 2004 to 2007, Commander Ong was assigned to the USNH Okinawa where she provided MH care in a forward deployed setting to active duty service members, family members, retirees, and Japanese nationals. She managed a MH training program for Masters-level Psychology Interns from the University of Maryland and Japanese Interns. From 2006 to 2007, Commander Ong served as the Department Head of the Joint U.S. Navy and Marine Corps Substance Abuse Rehabilitation Program (SARP), providing clinical oversight and supervision for 13 Navy and Marine Corps SARP counselors.

Between 2007 and 2009, Commander Ong completed a Health Psychology Fellowship at Tripler Army Medical Center, Honolulu, Hawaii and Master's Degree in Psychopharmacology through Argosy University, Honolulu, Hawaii.

Between 2009 and 2011, Commander Ong was assigned as the Ship's Psychologist for the USS Abraham Lincoln, homeported in Everett, Washington. As the sole embedded Psychologist on the carrier, she supervised a Psych Tech and two SARP counselors to support the mental health needs of over 5,000 Sailors. Commander Ong completed a deployment to the 5<sup>th</sup> Fleet with the USS Abraham Lincoln in 2009.

In the aftermath of the 2011 Japan earthquake and tsunami, Commander Ong PCS'ed to USNH Yokosuka to provide critical mental health support to active duty service members and family members who were not evacuated from Japan. In 2012, Commander Ong deployed as an individual augmentee in support of OEF/OIF to NATO Role 3, Kandahar Airfield (KAF), Afghanistan where she managed mental health services provided through the Concussion Care Clinic, Warrior Recovery Center and provided consultation and evaluations of detainees at the KAF Detainee Facility.

Between 2014 and 2017, Commander Ong completed a tour at the Naval Medical Center, San Diego. As Division Officer, she led a multidisciplinary team of Psychiatrists, Social Workers, Psychologists, and Psych Techs to establish the MH Consult Liaison Service as a new division within the Mental Health Department. She later

transitioned to become the Division Officer of the Mental Health Clinic at the 32<sup>nd</sup> Street Branch Medical Clinic, providing mental health care to the surface fleet.

Between 2017 and 2019, Commander Ong was assigned as the Operational Stress Control and Readiness (OSCAR) Psychologist for the 5<sup>th</sup> Marine Regiment, Camp Pendleton, California. She served as Special Staff to the Regimental Commander, providing consultation to regimental and battalion leadership. Additionally, she developed training to enhance capabilities of embedded line Corpsmen to rapidly assess for mental health conditions and suicide risk and refer to the appropriate levels of care.

Between 2019 and 2023, Commander Ong completed a second tour at Naval Medical Center, San Diego. She lead various programs and sections, including Chair, Medical Records Review Committee; Program Manager, Care Includes Peer Support; Division Officer, Mental Health Operational Outreach Division (MHOOD) Clinic; Department Head, Mental Health Department; Interim Director for Mental Health; and Associate Director for Mental Health. As Department Head, Mental Health Department, she was instrumental in the development of care coordination services and the successful transition of outpatient mental health documentation from the AHLTA to MHS GENESIS EHR. As Associate Director for Mental Health, she led 250 active duty and civilian staff to provide outpatient and inpatient mental health and substance abuse treatment services for the INDOPACOM region, transition the directorate to the DHA CHRA recruitment and hiring system, and reducing active LIMDU cases in the San Diego region from over 800 to approximately 350.

Commander Ong enjoys spending time with her 9-year-old son, Alex and extended family who currently live in the Southern California area. Her interests include enjoying spending time at the beach, hiking, art and photography, and travel when able to.